

# Fluoridation FAQs

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## FREQUENTLY ASKED QUESTIONS ABOUT FLUORIDATION

**Does the Olivenhain Municipal Water District (District) currently have fluoride in its water?** All water has naturally occurring fluoride. The District's water contains approximately 0.24 parts per million (ppm) or milligrams per liter (mg/l).

**How do I know if my child or I need fluoride supplements?**

**Effective December 2007**

The District treats the majority of water delivered to its customers at the David C. McCollom Water Treatment plant and this source has no additional fluoride added at this time. The District also receives a portion of its treated drinking water from the Metropolitan Water District of Southern California (MWD). **On December 3, 2007**, MWD began fluoridating its water; therefore District customers are now receiving a blended mix of fluoridated water.

Effective December 3, 2007 as a result of this blend, the water in the District's Distribution System will be less than 0.6 mg/l. According to the California Department of Public Health guidelines an Average Annual Fluoride Concentration (AAFC) below 0.6 mg/l is considered to be a non-fluoridated source.

**All customers who use fluoride supplements are encouraged to contact their dental service providers to evaluate whether to continue taking fluoride supplements.**

**Will the District be adding fluoride to its water in the future, if so, when?**

**Effective Fall 2008**

**California State law - AB733 (1995), Health & Safety Code 116409-116415** - requires all public water systems to fluoridate their water once funds become available. In order to comply with this law, and to provide consistency in the District's system to match MWD fluoridation levels, the District will begin fluoridating its water in **Fall 2008**. This will allow the District to achieve optimal fluoridation levels as recommended by the California Department of Public Health. Once the District begins fluoridating, the AAFC will be 0.8 mg/l – 0.9 mg/l. A separate notification of all customers will occur in advance of this change in Fall 2008.

*To find answers to your questions and for more information on fluoridation please visit the following websites:*

### Metropolitan Water District of Southern California

**Phone:** (213) 217-6930

<http://www.mwdh20.org/>

Under the "Highlights" section, click on fluoridation.

### California Department of Public Health

**Phone:** (916) 445-4218

<http://www.cdph.ca.gov/certlic/drinkingwater/pages/fluoridation.aspx>

### San Diego County Water Authority

**Phone:** (858) 522-6600

[www.sdcwa.org](http://www.sdcwa.org)

